



## HIPAA Is Not Optional, It's REQUIRED




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## HIPAA Compliance Simplified


Marc Haskelson, President Compliance Group

### Agenda

- Why HIPAA?
- Common misunderstandings
- What is a Audit?
- Real World Stories
- How do I protect my practice?



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## HHS Wall of Shame

Entity Name	State	Complaint Category	Individuals Affected	Release Date	Type of Breach	Location of Breached Information
St. Joseph's Hospital and Medical Center	AZ	Healthcare Provider	629	02/18/2017	Unauthorized Access/Disclosure	Electronic Medical Record
Berman, Paul/Decker, Craig & Bennett LLP	GA	Business	1734	08/16/2017	Theft	Paper/Files
Verka Indiana Bank, Chartered	IN	Healthcare	6380	08/02/2017	Theft	Desktop Computer
California Post-Active Care and Rehabilitation	AZ	Healthcare	2002	02/02/2017	Improper Disclosure	Paper/Files
Jeffrey D. Rice, D.O., L.L.C.	GA	Healthcare Provider	1088	02/02/2017	Theft	Paper/Files
Veris On, Health & Welfare Plan	GA	Health Plan	669	01/01/2017	Unauthorized Access/Disclosure	Paper/Files
WellCare Health Plans, Inc.	FL	Health Plan	2428	01/01/2017	Hacking/IT Incident	Network Server
Blue Shield	CA	Health Plan	718	01/01/2017	Unauthorized Access/Disclosure	Other
Surgey Specialists Medical Group, Inc./ Jay S. Bennett, DPM	CA	Healthcare Provider	669	01/01/2017	Hacking/IT Incident	Email
Protona Pan Management	NJ	Healthcare Provider	4888	01/01/2017	Hacking/IT Incident	Desktop Computer, Electronic Medical Record
H&M B.S.S.S. Foundation, Inc. DBA B.S.S.S.S. Community Care Clinic	GA	Healthcare Provider	619	01/01/2017	Theft	Paper/Files
WellCare Health System	GA	Healthcare Provider	1248	01/01/2017	Hacking/IT Incident	Email
Piper St. Francis Healthcare	NC	Healthcare Provider	676	01/04/2017	Loss	Other Portable Electronic Device
Stephensville Medical & Surgical Clinic	TX	Healthcare Provider	7088	01/03/2017	Unauthorized Access/Disclosure	Desktop Computer
McDonough County	GA	Healthcare Provider	1768	01/03/2017	Unauthorized Access/Disclosure	Email
Woodward-Clyde Pan Health Associates	CA	Healthcare Provider	1088	01/03/2017	Theft/Improper Disclosure	Labels
Commonwealth Medical Center, Inc.	IN	Healthcare Provider	6137	01/03/2017	Unauthorized Access/Disclosure	Electronic Medical Record
Assisted Catholic Charities Incorporated	MD	Healthcare Provider	7145	01/03/2017	Unauthorized Access/Disclosure	Email
Tenetah, Inc.	GA	Healthcare Provider	128	01/19/2017	Unauthorized Access/Disclosure	Network Server, Paper/Files



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### Policies & Procedures

- I have a Manual, I am compliant "right"?



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### Workforce Training

- I paid for my employees HIPAA training, I am compliant.



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### Avoidable Breach

- **Who:** Anchorage Community Mental Health Services (ACMHS) - **Nonprofit** org.
- **What:** **Malware** caused breach of unsecured ePHI
- **Why:** *ACMHS had adopted policies and procedures in 2005, but these policies and procedures were not followed and/or updated.* ACMHS could have **avoided** the breach (and not be subject to the settlement agreement), if it had followed its own policies and procedures
- **Settlement:** **\$150,000 & CAP (Corrective Action Plan)**



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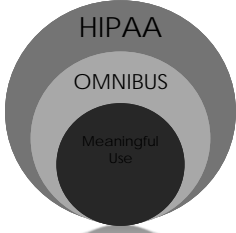
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## What is HIPAA Compliance and what is NOT

- HIPAA/HITECH**
  - Protect patient confidentiality while furthering innovation and patient care
  - Privacy Rule and Security Rule
- Omnibus**
  - Business Associates must be HIPAA compliant
  - Covered Entities must have BAAs
    - Conduct Due Diligence
  - Breach Notification Rule
- Meaningful Use**
  - Accelerate adoption of EHR (electronic Health records)
- Compliance vs. Security**
  - Fines vs. Risk



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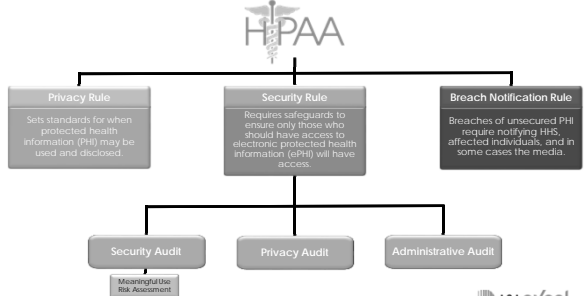
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## HIPAA



**Privacy Rule**  
Sets standards for when protected health information (PHI) may be used and disclosed.

**Security Rule**  
Requires safeguards to ensure only those who should have access to electronic protected health information (ePHI) will have access.

**Breach Notification Rule**  
Breaches of unsecured PHI require notifying HHS, affected individuals, and in some cases the media.

**Security Audit**  
Meaningful Use Risk Assessment

**Privacy Audit**

**Administrative Audit**

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## What Information Does HIPAA Protect?

PHI may include any of the following:

- Names
- Addresses
- Dates of Service
- Telephone Numbers
- Fax Numbers
- Email Addresses
- Social Security Numbers
- Medical Record Numbers
- Health Plan Beneficiary Numbers
- Account Numbers
- Certificate/License Numbers
- Vehicle Identifiers/Serial Numbers
- Device Identifiers and serial numbers
- Web Universal Resource Locators (URLs)
- Internet Protocol (IP) address numbers:
- Biometric identifiers
- Full Face Photos or Videos
- Any other unique identifying number, characteristic, or code



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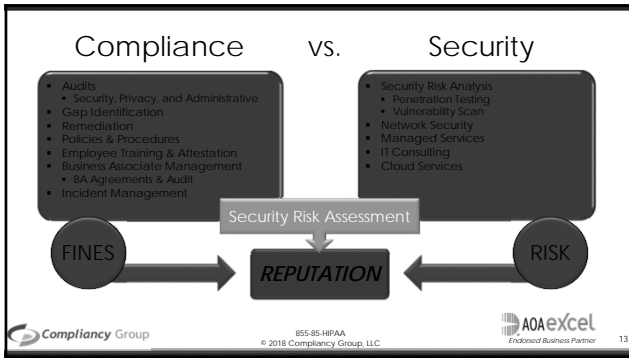
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### Security AND Privacy Rule

- Who:** Insurance company, Triple-S (Puerto Rico)
- What/Why:** Widespread non-compliance
  - Failure to implement **Administrative, Privacy, and Technical** safeguards
  - Lack of appropriate **Business Associate Agreements**
  - Failure to conduct **accurate/thorough Risk Analysis**
- Settlement:** \$3.5 Million & CAP (11/30/15)



*"This case sends an important message for HIPAA Covered Entities not only about compliance with the requirements of the Security Rule, including risk analysis, but compliance with the requirements of the Privacy Rule, including those addressing business associate agreements and the minimum necessary use of protected health information."*  
 - Jocelyn Samuels, Director of OCR

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### Improper Disclosure Of PHI

- Who:** Feinstein Institute for Medical Research
- What:** Laptop stolen from car contained (13,000 PHI) of research participants. Password-protected but not encrypted
- Why:** Failed to reasonably safeguard PHI:
  - Lacked policies & procedures for ePHI access
  - Failed to implement policies and procedures to safeguard ePHI
- Ruling:** \$3.9 Million & CAP (3/17/16)



*"Research institutions subject to HIPAA must be held to the same compliance standards as all other HIPAA-covered entities," said OCR Director Jocelyn Samuels. "For individuals to trust in the research process and for patients to trust in those institutions, they must have some assurance that their information is kept private and secure."*

<http://www.complianceandsecurity.com/articles/2016/03/16/160318181FC9NOMV160119845/the-feinstein-institute-for-medical-research-pays-3-9-million-to-settle-ohhs-privacy-act-of-the-stolen-laptop-case>

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## Why Should I Worry About HIPAA?

**HIPAA is the Law**

- Current market solutions often only address pieces of compliance
- Enforcement is on the rise**
  - Record fines levied: **400% increase**
    - \$6.2 Million in 2015
    - \$24 Million in 2016
    - \$11.4 Million so far in 2017\*
  - Three prison sentences
  - Medical license revoked
  - State Attorney General levying fines

<http://www.hhs.gov/hipaa/for-professionals/compliance-enforcement/enforcement-trends/index.html>  
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## HIPAA Enforcement

Who is being fined?

Physical Therapy Colorado	\$12k
Physical Therapy Colorado	\$25k
Insurance & BA	\$80k
Pharmacy Colorado	\$125k
Nonprofit Arizona	\$150k
Home Health Florida	\$240k
Medical School Pennsylvania	\$750k
Orthopedic North Carolina	\$750k
Primary Care Minnesota	\$1.5M
Insurance Company Pennsylvania	\$3.5M
Research Institute New York	\$3.9M

*"All too often we see covered entities with a limited risk analysis."*

*"Organizations must have in place compliant business associate agreements as well as an accurate and thorough risk analysis."*

*"We take seriously all complaints filed by individuals, and will seek the necessary remedies to ensure that patients' privacy is fully protected."*

**- Jocelyn Samuels, Director of OCR**

- \$24 Million in 2016 – 400% increase
- \$11.4 Million so far in 2017
- Three Prison Sentences
- Medical License Revoked
- State Attorney General levying fines

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## The Seven Fundamental Elements of an Effective Compliance Program

**Compliance according to HHS:**

- Implementing written policies, procedures and standards of conduct.
- Designating a compliance officer and compliance committee.
- Conducting effective training and education.
- Developing effective lines of communication.
- Conducting internal monitoring and auditing.
- Enforcing standards through well-publicized disciplinary guidelines.
- Responding promptly to detected offenses and undertaking corrective action.

\*Source HHS & OIG

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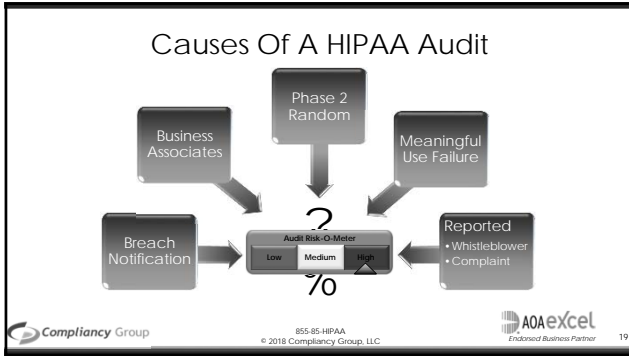
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### Importance of BAA & Complete Risk Analysis

- **Who:** North Memorial Health Care of Minnesota
- **What:** **Laptop theft**, 6,497 patient records
- **Why:** No BAA with Billing firm, failed to complete a risk analysis to address all potential risks and vulnerabilities to ePHI
- **Settlement:** **\$1,550,000 & CAP** (3/19/16)



"Two major cornerstones of the HIPAA Rules were overlooked by this entity," said **Jocelyn Samuels, Director of OCR**. "Organizations must have in place compliant **Business Associate Agreements** as well as an **accurate and thorough risk analysis** that addresses their enterprise-wide IT infrastructure."

<http://www.hhs.gov/about/news/2016/03/16/155-million-settlement-underpins-ocr-enforcement-action-against-hipaa-billing-associate-agreement.html>

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## Risk Analysis is NOT Enough

- **Who:** OHSU (Oregon Health & Science University)
- **What:** Reports of **unencrypted laptops, stolen unencrypted thumb drive**, 1,361 patient records
- **Why:** Conducted **SIX** risk analysis in (2003, 2005, 2006, 2008, 2010, 2013) but did not address the widespread vulnerabilities. Also, lacked **policies & procedures**. Lack of **BAA**.
- **Settlement:** **\$2.7 Million & CAP** (7/18/16)



*"From well-publicized large scale breaches and findings in their own risk analyses, OHSU had every opportunity to address security management processes that were insufficient. Furthermore, OHSU should have addressed the lack of a business associate agreement before allowing a vendor to store ePHI," said OCR Director Jocelyn Samuels. "This settlement underscores the importance of leadership engagement and why it is so critical for the C-suite to take HIPAA compliance seriously."*

<http://www.hhs.gov/ohrt/2016/07/18/whistleblower-hipaa-compliance-ouh/> in settlement with oregon.health.science.university.html

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## Unauthorized Patient Testimonials

- **Who:** Complete P.T. Pool & Land Physical Therapy
- **What:** **Posted patient testimonials** (including names/photos) on website without authorization.
- **Why:** Failed to reasonably safeguard PHI:
  - **Impermissibly disclosed PHI without authorization;**
  - **Failed to implement policies and procedures** to comply with HIPAA regarding authorization
- **Ruling:** **\$25,000 & CAP** (2/16/16)



*"The HIPAA Privacy Rule gives individuals important controls over whether and how their protected health information is used and disclosed for marketing purposes," said OCR Director Jocelyn Samuels. "With limited exceptions, the Rule requires an individual's written authorization before a use or disclosure of his or her protected health information can be made for marketing."*

<http://www.health-ai.com/news/physical-therapist-pay-20000-over-1-year-for-posted-patient-testimonials/>

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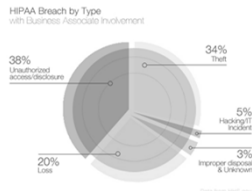
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## But...It Probably Won't Happen To Me

- In a recent study, **more than half** of business associates (**59%**) reported a data breach in the last two years that involved the loss or theft of patient data. More than a quarter (**29%**) experienced two breaches or more.
- Of the 345 incidents reported by HHS and listed on their site under Breaches Affecting 500 or More Individuals, 74 involved a business associate (**21%**).



7th Annual Benchmark Study on Privacy & Security of Healthcare Data conducted by Ponemon Institute  
<http://www.ponemon.com/2016/06/01/healthcare-privacy-incident-july-2016.pdf>

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### The Need For BAAs

- **Who:** Raleigh Orthopaedic (North Carolina)
- **What/Why:** 17,300 patients affected
  - Handed over PHI to potential business partner without first executing a **business associate agreement**.
- **Settlement:** \$750,000 & CAP (4/20/16)



"HIPAA's obligation on covered entities to obtain **business associate agreements** is more than a mere check-the-box paperwork exercise," said **Jocelyn Samuels, Director of OCR**. "It is critical for entities to know to whom they are handing PHI and to obtain assurances that the information will be protected."

<http://www.hhs.gov/ohca/office-of-protection-and-compliance/enforcement/2016-04-20-raleigh-orthopaedic-clinic-ba-privacy-breach.html>



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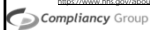
### Tardy Breach Notification = 1<sup>st</sup> Fine Of 2017

- **Who:** Presence Health
- **What:** Missing paper schedules (836 PHI)
- **Why:** Failed to notify within 60 days of discovery:
  - Media outlets
  - OCR
  - Individuals affected
- **Settlement:** \$475,000 & CAP (1/9/17)



"Covered entities need to have a clear policy and procedures in place to respond to the **Breach Notification Rule's timeliness requirements**," said OCR Director Jocelyn Samuels. "**Individuals need prompt notice of a breach** of their unsecured PHI so they can take action that could help mitigate any potential harm caused by the breach."

<http://www.hhs.gov/ohca/office-of-protection-and-compliance/enforcement/action-back-tenet-breach-notification-settled-475000.html>



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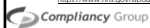
### PHI MUST Be Safeguarded

- **Who:** MAPFRE (Insurance Company of Puerto Rico)
- **What:** USB drive stolen (2,209 PHI)
- **Why:** Failure to conduct Risk Analysis:
  - Failure to implement risk management plans
  - Failure to deploy encryption on PHI devices
  - Failed to implement/delayed implementing corrective measures
- **Settlement:** \$2.2 Million & CAP (1/18/17)



"Covered entities must not only make assessments to safeguard ePHI, they must act on those assessments as well" said OCR Director Jocelyn Samuels. "OCR works tirelessly and collaboratively with covered entities to **set clear expectations and consequences**."

<http://www.hhs.gov/ohca/office-of-protection-and-compliance/enforcement/2017-01-18-hipaa-settlement-demonstrates-importance-implementing- safeguards-ePHI.html>



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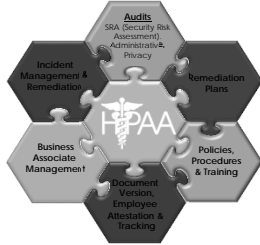
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# Solving The HIPAA Compliance Puzzle



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